

# TMI Focus



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## COMMUNICATION HERE AND BEYOND

by Laurie A. Monroe



Since my father's transition in March of 1995, many have asked if I have talked with him or seen him. In order to understand here-now, I will review a past encounter that leads to present awareness.

In the early days when my father began having OBE's (out-of-body experiences), I was unaware of what was actually taking place. I was seven years old at the time. As I grew older, he felt more comfortable sharing his adventures with me. There were several times when he would "visit" me in the OBE state and we would later compare our perceptions of the experience. I remember one such event when I was at boarding school. I was sitting under a tree, writing in my journal, and expressing my feelings of loneliness through poetry. I was crying—missing my family

and friends at home. Gradually, I became aware of someone touching my face, a familiar presence. I knew it was Daddy. I didn't physically "see" him, but I knew he was there. A tremendous surge of energy, of love, encompassed my total being. I felt secure and the sadness seemed to drift away as a smile came across my face. His hug was greatly needed and I thanked him for always being there. My signal to him was strong which is why he was drawn to my physical presence. A few days later I received a letter from him. The letter verified what I had written in my journal. He had definitely been with me, for he described the tree and the sadness I was feeling. In the letter, he told me that he loved me very much and there was no need to cry. I was not alone for there is a part of him that is always with me and that I would soon understand the greater part of me.

*Continued on page 3*

## MAGICAL MYSTICAL TOURS

by Linda Leblanc



Since 1976, Linda Leblanc—a native of Canada—has had the unique opportunity to travel widely in over thirty countries and live for extended periods in eight. Of course, this situation was ideal for visiting many sacred sites throughout the world, a pursuit which complemented her interests in language, cultures, archaeology, and comparative religion. Linda and her spouse retired to the Eastern Mediterranean island of Cyprus in 1989. In 1994, she attended three TMI residential programs and did a series of six PREP (Personal Resource Exploration Program) sessions in 1995. Here she shares the new

dimension Hemi-Sync training has added to her interaction with sacred places.

Every time I have attended a TMI course, it felt as if I were embarking on a "magical mystical tour." The unique ambience, the special people, and the group dynamics seemed to provide a setting in which amazing adventures could unfold. The end of each course always found me "revved up" with The Monroe Institute "buzz." Enhancement of my sensitivities when visiting the sacred places of our planet is another interesting post-course effect of techniques picked up during GATEWAY, GUIDELINES, and LIFELINE.

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## LIFELINE PARTNERSHIPS: COMPLETING THE CIRCLE

by Micki Hawes



*TMI residential programs—especially the graduate programs—do not end with physical departure on Friday. New knowledge must be assimilated and the attendant*

*responsibilities must be integrated. In this letter to Director of Programs Darlene Miller, Micki Hawes shares her discovery that LIFELINE service is a cooperative, interactive venture.*

**Y**ou trained my first LIFELINE. The following happenings are a most surprising extension of that program (with sequels), and living through these events has been an incredible learning experience.

That LIFELINE ended on April 30, 1993, and I returned to Cincinnati on Saturday, May 1. I checked my telephone's Caller Identification box. The date a call arrived, the time it came in, and the number and area code were documented. I recognized most of the phone numbers except the last one—a "681" exchange. The last call had been recorded on Friday, April 30, 1993, at 12:53 P.M. My exchange is "231." At that time, the Cincinnati area did not have the caller's name capacity. There had been a tremendous amount of contact and retrieval activity during the week at The Monroe Institute, and I felt satisfying exhaustion. It was time to put the past week in perspective, knowing the program had been a total success for me. The results of the week needed to be integrated into my life. Contacts with the deceased were not new. Accepting, sharing, and developing—which I had the privilege of exploring at The Monroe Institute—were new. In the past, contacts had usually been spontaneous communications related

to relatives and friends. Now others were making contact. It felt fulfilling to have opened to this transmitting partnership.

At first I dismissed the last phone number as a telemarketing call. Then a gnawing feeling that I should call this number persisted. I dialed. A woman answered. I told her a call had been received from her number, when it had been received, and that I wondered who had been trying to contact me. After a moment or so of polite conversation, we concluded it had been a wrong number. I apologized for calling and was about to hang up. Then the woman said she was the one who needed to apologize because the day before she had been very distraught. Her niece had been killed in an automobile accident. She told me the name of her niece, who I will call Helen J. Helen was her actual first name. I learned how old she was, the color of her car, where it happened, how many children she had, where she worked, and the depth of shock and grief to the family. The woman asked me if I had seen the newscast on television. I explained about just returning from Virginia. After a moment of "so sorry," condolences, and extending prayers, she thanked me for listening to her and explained that sometimes talking to a stranger in a time of grief was comforting. I agreed.

Although exhausted, I knew what I had to do. This contact had been no accident. At that moment I knew contact and retrieval work would continue. I decided to use *Open Exercise*, my favorite tape from the *GATEWAY VOYAGE*. When Bob Monroe's voice said I could do what I had planned to do, I would try to contact Helen J. As the process began I felt nausea and ached all over. My head felt as if it might explode, and I prepared to take off the earphones and rush to the bathroom. What was happening? Instantly I felt calm, relaxed, and as if I was floating. I was not alone. Possibly I had just experienced Helen J.'s transition on impact.

We began a thought communi-

cation. LIFELINE had taught me to ask questions, get information, and take notes (even if I had to sit up in my CHEC unit). I had to know the best way to volunteer help. Helen J. said she needed to stay near the physical plane for awhile. This was another of my lessons in retrieval work. On the physical level I often assume a control position. Here, there are choices and decisions to be made by the entity and it is totally a *partnership*. The other's position must be respected. I asked Helen J. if she knew she had died. She said she did know. She told me she was not ready to go on because she had to stay and help those grieving. Since then, other contact and retrieval situations have shown that this is not unusual.

Through thought communication I again offered to help her go on. She said she appreciated it, but she was not ready yet. Feeling dispensable, I asked how to tell when she was ready. Choices beyond this life were a new lesson. I was informed that there would be another phone call. After the tape ended and I pondered it all, the notion of receiving another phone call was preposterous. I went on to other things—in gratitude that the phone number had connected me with Helen J.—vowing to myself to try to stay *open*. There are so many unanticipated surprises, aren't there?

At 11:13 A.M. on Thursday, May 27, 1993, the phone rang. I was in the family room, away from the Caller I.D. unit. I answered immediately and heard a distance sound. Since many of my calls are from Ireland, there is often a delay between my answering hello and the caller's greeting. After about five "Hello's," there was still no reply or hang up. I waited and thought perhaps another salutation would convince the caller my answering machine was not on. "Good Morning! This is me, not the answering machine." Nothing! Reluctantly, I hung up. Later that day another call was received. I looked at the previous phone number and it was vaguely familiar. The exchange was "681." Yes, I had received another phone call! Let me add that the last four

*Continued on page 5*



## COMMUNICATION HERE AND BEYOND

*Continued from page 1*

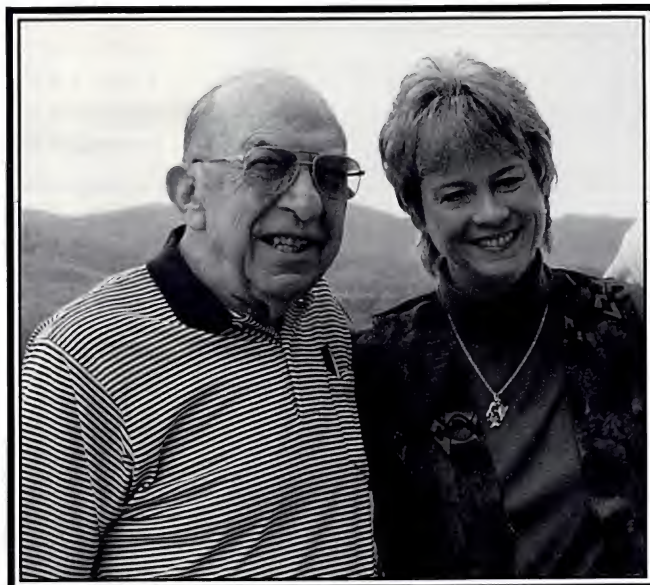
There are many other instances in my life where communications with him were through NVC (non-verbal communication). His favorite way of communicating is still by ROTE. This method has been consistent throughout the years. Through his transition, there were many such communications taking place on many different levels of awareness as well as in C-1 consciousness.

I recently encountered Bob again in the *EXPLORATION 27* Program. His excitement was exhilarating concerning our group's learning experiences. His love and encouragement continue to assist us. He persists in being the explorer and his curiosity continues to propel him to seek out new adventures There. His message is that we have to seek the answers and the only way we will KNOW is to find out for ourselves through our own direct experience.

There is a rule that one must follow after transition from the Earth Life System. It is the only rule that applies in the Park environment, Focus 27. The rule is that there is to be no imposition of one's will upon another. He has given us the map of the Interstate. It is our choice to follow that Interstate or explore other routes along the way. Through personal experience and communications, I have found that my

father has reconnected with his I-There, yet continues to appear on occasion, especially in Focus 27. His message to me after his transition, "Feel the presence," has profound meaning for me. Our communications are meaningful and auspicious. With a clear intentions, comprehension of his roles becomes a Knowing. Communication can be visual, auditory, kinesthetic, or through a sense of knowing.

It was made clear by my father that he would not channel through any physical human being. If he were to communicate through physical means, it would most likely be through a computer or some other electronic means. This is evident through his writing in *Journeys out of the Body*. He talks about receiving a signal from his great great grandson in Locale I, who is communicating through a hand-held device similar to a portable radio. He perceives the signal and greets him warmly. This could be a probability in our lifetime. The work at the Institute in many ways is building the bridges between the dimensions. We will continue to explore areas of research related to communication with those who exist



**J. Edwin Carter — 1915-1996**  
**A loyal, loving friend who continues  
to be with us in Spirit.**

in other dimensions. One such avenue is ITC, Instrumental Transcommunication, which is the use of electronic equipment to receive information from non-physical dimensions. This research and experimentation have been ongoing for the past decade and results have been validated. It is likely that a collaboration of research efforts between TMI and ITC will occur in the near future.

In simple terms, yes I do communicate with my father and others. One message I receive consistently is similar to Bob's writing in *Ultimate Journey*. There is only change, there is no separateness, there is only one, and there is only love. This is an intelligent Universe in which we exist and there is a plan. There is nothing by chance and there are no coincidences. There is a common thread that extends through all of us in all different levels of awareness. It is pure unconditional love which is the essence of who we are.

With the increasing awareness of the uplifting of human consciousness, our intention is to work in harmony within all the dimensions in which we and others exist. Through various forms of communication, our knowledge will be greater and our experience Here more rewarding.



***In Loving Memory  
Robert A. Monroe  
1915 - 1995***

***From this point on, we are as close to you as your own skin.  
Now, my friend, you must do what you have to do. And  
above all, do it in love.***  
- Ultimate Journey





## MAGICAL MYSTICAL TOURS

*Continued from page 1*

Partially owing to being a member of a United Nations family, I've become a seasoned traveler who has logged tens of thousands of miles during the past twenty years. And there has been a distinct change in my responses to places of power since completing the residential courses. Over the years, when visiting sacred spots such as temples, old churches, and ancient tombs, I have encountered certain feelings and experiences. Difficult to describe, these sometimes subtle changes in sensitivity to an environment seem to function at a very deep level. After the three programs, my reactions to certain energy spots became more intense.

Previous visits to stone circles in England enabled me to make comparisons easily during a recent trip to Wales. There was definitely much more openness to whatever energies are present at these mysterious sites. A distinct buzz at the base of my spine and a "light-headed" feeling often marked the presence of *something* different at certain ones. Placing both hands on the stones conveyed the sensation of a "rocking" motion, accompanied by the feeling that I could disappear into the stone—rather as if it were a gateway to some unknown destination.

I have also been able to contrast before and after experiences in Egypt. It's been my good luck to visit Egypt twice, once in the early 1980s and again at the end of 1995. On both occasions this enigmatic civilization impressed me deeply. But the 1995 visit was much more startling—due, I believe, to employing Monroe methods. I was "zapped" energetically many times and clearly saw small, darting, green-and-white lights in the Great Pyramid. Unexpectedly and synchronistically, I also took part in a spontaneous gathering of women meditating in Menkaure's pyramid.

The Philae Temple of Isis near

Aswan was the last outpost of the ancient Egyptian spiritual teachings. There, I felt so attuned to the energies at times that my head no longer seemed to have a skull around it. My consciousness seemed to hover outside my physical body. As we departed by boat, I began to cry. The flood of tears was unstoppable. For the next two days I often verged on tears, knowing raw emotion was about to pour forth. Describing this wave of sentiment is difficult. It was neither unpleasant nor sad, rather the contrary. Intuition told me that the tears were the body's way of processing the higher energies tapped into at the temple and cleansing and tuning it to accept the different vibrations. On returning to this temple the following morning, I found it was possible to be there without the overwhelming emotion. It felt easier to tap into the energies—which led to wonderful meditations in the two chambers just off the inner sanctuary.

The energies at these places are very powerful. Even after the lapse of a year, mere exposure to them is continuing to have effects that will be working away for some time. On several occasions a rush of energy has started at the base of my spine and

shot up through the chakras. This also happened at the Temple of Queen Hatshepsut (fifteenth century B.C.E.) in the Valley of the Queens near Luxor. This temple is built into the face of the mountain and is considered by many to be one of the great architectural masterpieces of the world. It is superbly integrated with its natural setting. I sensed almost overpowering raw energy coming off the face of the cliff. There was a distinct impression that the pure lines of the temple were a manifestation of the mountain's energy—perfectly balanced and in harmony with it.

My reactions to Egypt and Wales demonstrated to me just how useful the Institute techniques had been in assisting me to connect with the power of sacred places. For instance, nonverbal communication skills helped me to stay focused mentally rather than drift along in a blur. Familiarity with the Monroe framework was like knowing a new language that facilitated communication with different worlds. Thanks to this training, I have been able to experience paranormal forces at a more profound level. This is a valuable skill at this crucial time in humanity's evolution when such forces are especially active.



### CYBERSPACE VOYAGERS

The *VOYAGERS* Internet mailing list, an electronic lync, was established for those using Hemi-Sync to venture into the realms of their own consciousness. It's for all who want to continue learning by telling about their voyages, reading of others' experiences, and exchanging information about TMI programs and audio-guidance learning systems.

**voyagers@monroe-inst.com** is the mailing list address. To subscribe send a request with "subscribe" as the Subject to: **voyagers-request@monroe-inst.com**. Requests are handled in person, so allow

for a delay. You will get a welcome message with instructions when you have been added.

Try the Institute's www server at:

**http://www.MonroeInstitute.org/** if you have access to the World Wide Web.

**MonroeInst@aol.com** is our official E-MAIL address.





## LIFELINE PARTNERSHIPS: COMPLETING THE CIRCLE

*Continued from page 2*

digits of that phone number have no resemblance to my own number. They are *totally* different. I made contact with Helen J. She was ready to go on. By thought communication during the tape she said she could have gone on by herself. Now I certainly felt dispensable. At the same time, I realized integrity had prevailed. Helen J. promised she would contact. She did! Amazing!

In this sensitive nonverbal communication time (and I am not sure where the following information came from), I learned that for myself all contact had to be a mutual cooperative endeavor. I was finding out that each contact was totally unique. No additional phone calls came in between May 1993 and January 1996. I felt satisfaction with the closure. This was the end. I was wrong. There was more to come.

On Sunday, January 28, 1996, just as I was dozing off in preparation for a good night's sleep, four faces flashed in front of me—the face of a childhood friend, my beloved deceased grandmother Anna, Aunt Sarah who I so miss, and the face of an unfamiliar woman. I asked, "Who are you?" The answer came back, "Helen J." The faces disappeared. In that fleeting moment of communication, I understood that once contact is made it may be forever. That first *LIFELINE* sparked a new level of interchange and a new acquaintanceship tier. The second *LIFELINE* was a totally different but equally powerful and effective learning expansion. Contact and retrieval work continues. I *had* to tell you.



## ATTENTION !!

**W**e have had several requests from participants who have attended the *GATEWAY VOYAGE* program that we conduct a *GATEWAY VOYAGE* program that is especially designed for children between the ages of twelve and seventeen. We would like to hear from you if you have children whom you would consider enrolling in this program. Please send your response by e-mail, phone call or snail mail to Darlene Miller's attention. Thank you for your quick response.



## QUARTERLY TAPE

### *Center Homecoming*

*"Go on a short journey to a TMI Homecoming.  
Return to the Nancy Penn Center at The Monroe  
Institute to access the nature of your own Center . . .  
And enjoy this free flow exercise."*

## GATEWAY GATHERINGS RETURN

**I**n 1977 in Mill Valley, California, *GATEWAY VOYAGE* graduates formed *Explorer* groups in order to further their work with Hemi-Sync and to provide a supportive format for continuing to explore expanded states of consciousness.

TMI is pleased to announce that Karen Malik, long-time certified residential program trainer and the original founder of these early groups, will once again offer the opportunity for *GATEWAY* graduates to come together within their local communities. If you are a *GATEWAY* graduate who would enjoy an inexpensive yet meaningful way in which to reconnect with TMI and fellow participants, listen to tapes and reinforce higher Focus levels, do joint experiments, and have stimulating discussions, let Karen know of your interest as soon as possible. She can be contacted by phone at (415)331-5000, FAX (415)331-5100 and e-mail: [kmalik@wenet.net](mailto:kmalik@wenet.net).





## THE MONROE INSTITUTE PROGRAM SCHEDULE

All programs listed below will be held at The Nancy Penn Center in Faber, Virginia.

1997

### EXPLORATION 27

(For *LIFELINE* Graduates)

April 26-May 2

July 19-25

September 20-26

### GATEWAY VOYAGE

April 5-11

April 19-25

May 10-16

June 7-13

June 21-27

July 12-18

August 16-22

September 6-12

September 27-October 3

October 4-10

October 25-31

### GUIDELINES

(A Graduate Program)

April 12-18

June 14-20

September 13-19

### HEARTLINE

(A Graduate Program)

May 17-23

August 2-8

October 11-17

### LIFELINE

(A Graduate Program)

May 31-June 6

August 23-29

### PROFESSIONAL SEMINAR

July 26-August 1

## HEMI-LYNC Making Global Connections

*Hemi-Lync is a print media network bulletin board—a communication device—for connecting you with people, events, and publications around the world that have something to share about Hemi-Sync. It's your forum and we encourage you to use it. The items posted in this issue represent only a few of the Hemi-Lync possibilities. To submit your Hemi-Lync item, write or call TMI FOCUS, The Monroe Institute.*



who is a regular speaker at TMI's *GATEWAY VOYAGE* programs, defined what remote viewing is (and isn't) and noted parallels with the paranormal sensitivities associated with dowsing.

### Academia

On November 7, 1996, Stefan Kasian, AB, 1994 TMI summer intern, and Larry Burk, MD, associate professor of radiology, made a joint presentation about "Hemi-Sync Technology" at the Duke University Medical Center in Durham, North Carolina, as part of a second-semester course, Stress Management and Performance Enhancement. One of twenty-six segments, Hemi-Sync went to the head of the class on student evaluations with a score of 4.9 (5 = extremely valuable). Comments included: "Perhaps the best—definitely the one I'm most interested in. The idea of Hemi-Sync is incredible"; "Use it all the time"; and "I listen to the tapes before games and they get me very focused." Dr. Burk and Stefan will introduce a new group of students to Hemi-Sync on February 27.

### Appearances

Remote viewer Joseph McMoneagle spoke to a full house at the January 11 meeting of The Virginia Blue Ridge Chapter of The American Society of Dowsters, Inc. A number of those present had driven to Charlottesville from Maryland and North Carolina for the occasion. Joe,

### Books

The following titles are available from Interstate Industries, Inc. *Brothers Forever*, by Joseph Gallenberger, PhD (\$11.95, softcover, Hampton Roads Publishing Company, Inc.) *Healing Myself*, by Gari Carter (\$10.95, softcover, HRPC, Inc.) *Living Is Forever*, by J. Edwin Carter (\$9.95, softcover, HRPC, Inc.) *Mind Trek*, by Joseph McMoneagle (\$10.95, softcover, HRPC, Inc.) *Travelling with Power*, by Ken Eagle Feather (\$10.95, softcover, HRPC, Inc.) *Ultimate Journey*, by Robert A. Monroe (\$22.00 retail; \$19.80 members, hardcover, Doubleday) *Using the Whole Brain*, edited by Ronald Russell (\$14.95, softcover, HRPC, Inc.)

### Electronic Lyncs

Refer to **CYBERSPACE VOYAGERS** for a complete listing of TMI and TMI-related "net surfing" addresses.

TMI is now featured on the Internet Mall™, **FIRST FLOOR: Online Music Shop.**

### Lyncing People

Here are names and phone numbers of readers willing to be contacts for regional get-togethers of Hemi-Sync users. We'll continue to add to the list as we hear from you. Please inform us promptly of changes in location and phone/fax numbers.



CANADA

HALIFAX, NS

Tom Tasse

(902) 443-2692

TORONTO, ONT

Blair Swanson

(416) 694-2908

VANCOUVER, BC

Carol Biernat

(604) 261-2840

ENGLAND

CAMBRIDGE

Sue Pitman

Tel (223) 843164

Fax (223) 515091

HANTS

John and Alison Perrott

Tel/Fax (252) 626448

EUROPE

THIMISTER,

BELGIUM

Patrick Bartholome

(32) (87) 44-70-70

JAPAN

TOKYO

Kanji Nakai

Tel (03) 5471-2502

Fax (03) 5471-2972

SCOTLAND

NEW GALLOWAY

Jill and Ronald Russell

Tel/Fax (44) (1644)

420357

U.S.A.

ARLINGTON, VA

Mark Gemmell

(703) 522-8663

BETHESDA, MD

Helene N. Guttman

Tel/Fax (301) 656-8980

BUTTE, MT

Leo McCarthy

(406) 494-3567

DAVIDSON, NC

Norma Atherton

(704) 892-7000

ENGLEWOOD, CO

Daniel K. Meyer

Kimberly Miller

(303) 740-8053

FINESVILLE, NJ

Pete Ennes

(908) 995-9493

HENDERSONVILLE, NC

Joe Gallenberger

(704) 693-4721

INDIANAPOLIS, IN

Shawn Casey

(317) 852-7727

LAMBERTVILLE, MI

Eileen Tucker

(313) 856-5251

MT. JULIET, TN

Art and Jan Flint

(423) 988-0104

NEW YORK, NY

Ross Jacobs

(212) 929-0661

Al Swadichuto

(212) 228-3298

PALMER, AK

Ross Perrine

(907) 746-6443

PASO ROBLES, CA

Leland Beck

(805) 237-8949

PORTLAND, ME

Joe Harrington

(207) 773-0291

PORTLAND, OR

Clayton Morgan

(503) 238-0137

Bill Oakes

(503) 288-5305 (w)

ROSWELL, GA

Chris Carey

(800) 443-6917, ext. 4344

SAN MATEO, CA

Chow Chow Imamoto

(415) 341-1955 (r)

(415) 344-1822 (w)

SILVER CITY, NM

Marion Light Ray

(505) 388-5782

TEMPE, AZ

Marcie A. Katler

(602) 968-3021

TOLEDO, OH

Eileen Tucker

(313) 856-5251

TULSA, OK

Bruce W. Freeman

(918) 742-0743

WOODLAND, CA

Edy Harrington

(916) 669-1468

If you live within reach of any of these folks and would like to find other nearby people to "explore" with, get in touch. The *OUTREACH* Trainers and facilitators listed on the *Expanded Workshop* insert also welcome your calls. Special thanks to all of you who are willing to be connecting links in the extended TMI family.

## New Books

*Remote Viewers*, by science writer Jim Schnabel (\$5.99, softcover, Dell Publishing), is a fast-paced, detailed account of the American intelligence community's attempts to employ exceptional human functioning during the cold war era. A full chapter is devoted to Joseph McMoneagle. TMI Research Director F. Holmes (Skip) Atwater, who was deeply involved in this program during the last ten years of his military career, receives special acknowledgment for his contribution to the accuracy of Schnabel's research. Look for it at your local bookstore.

## Newsletters

*InSights: The Newsletter of Hampton Roads Publishing Company*, November 1996, announced TMI President Laurie Monroe's acceptance of an invitation to join HRPC's Board of Directors. The announcement, by HRPC's Chief Administrative Officer Frank DeMarco, included laudatory references to Institute residential programs and our e-mail address. HRPC is based in Charlottesville, Virginia.

In *BRAIN-SYNC*, December 1996—her inaugural newsletter—Barbara Bullard covered a spectrum of health-related topics and holistic strategies (including Hemi-Sync) for addressing them. Detailed descriptions of and an order form for Hemi-Sync products were provided. Contact Barbara at [BrainSync@aol.com](mailto:BrainSync@aol.com) or visit her web page at <http://members.aol.com/BrainSync/welcome.html>

## Reviews

*NETWORK*, no. 62, December 1996, featured "Exploration 27" by Ronald Russell, MA, a member of TMI's Board of Advisors and Professional Division. Russell provided an easily comprehensible overview of Hemi-Sync and Robert Monroe's cosmology for neophytes. He then drew from his personal experience to give a balanced, engaging description of the *EXPLORATION 27* graduate program.



## Get in the Swim with the Dolphin Energy Club



**DEC Coordinator**  
**(804) 361-9132**

Editor: Shirley Bliley  
Layout and Design: Jackie Umbarger

TMI FOCUS is published four times annually by The Monroe Institute, 62 Roberts Mountain Road, Faber, VA 22938-9749. Telephone (804) 361-1252. The Monroe Institute is dedicated to exploring and developing the uses and understanding of human consciousness. The FOCUS contains current information on Institute activities, applications of the Hemi-Sync® technology, and communication with Hemi-Sync participants and program graduates. Membership rates from \$50 to \$150 per year.

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## DEDICATED STAFF ARE KEY AT THE GATEHOUSE

by A.J. Honeycutt,  
Director of Operations

**A**s you drive into TMI grounds the Gatehouse sits quietly. Nestled in the hillside overlooking a rural valley, its tranquility conceals the activity within, an energy center where our operations take shape and take off.

Appropriately it is the people here who assist in making the organization what it is and what it is to be. Downstairs you will find Helen Warring and Michelle Stewart in the Registration offices, coordinating workshop participants and their plans, as well as being superlative resources for information and general support to those who call the Institute. Carol Taylor administers the website and burgeoning e-mail flow.

Upstairs you will find administrative offices associated with the business aspects of TMI. Jeanne Shreves handles all of the bookkeeping functions. Stephen Iordanous creates and implements marketing and promotional projects. Doris Stevens juggles the phones as well as the TMI "Hemi-Sync" store. Jackie Umbarger is our media coordinator specializing in layout and design for printed materials, while Angie Wood assists Doris and Jackie, or anyone else who needs a hand. Michael Boles, Director of Corporate Development, designs our company infrastructure and coordinates long-range planning. In the Purchasing Department, Lesley Rowe controls the flux of supplies and services to keep us running. As Director of Operations, I supervise company activities ranging from facility operations to human resources. Everyone answers the

Photo by Mike George



**Front Row- left to right Carol Taylor, Doris Stevens,  
Jeanne Shreves, and Mike Boles**

**Back Row - left to right Stephen Iordanous, Jackie Umbarger,  
Angie Wood, A.J. Honeycutt and Lesley Rowe**

phone when it's busy and is available to shift to help out where needed.

It is a privilege to work with these individuals who are both diligent and creative. Everyone here has their own responsibilities, yet work together to achieve common goals within the organization. Our new "look" in The Hemi-Sync Catalog and CD and cassette case designs represents a collective effort emanating from this staff and their talents, coupled with the valuable input of Interstate Industries' staff. This project was made even more interesting by the fact that they navigated this deadline oriented process while dealing with their usual flow of program support, correspondence, and the like. They distilled a daunting task into workable parts, then handled them accordingly. It is good and

important work, as extraordinary accomplishments are the norm not the exception.

With all of this activity, it is still our main priority to provide a safe, comfortable and nurturing environment for those who visit The Monroe Institute in whatever capacity. All of the staff here respond to this, as they understand the gift of helping others, enabling a path for self-discovery.

